

Maximum Performance: A Golf Fitness Program By Dr. Sam C. Frattalone

By Dr. Sam C. Frattalone

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Dr. Eklund has published more for The Sport Psychologist; Sport, Exercise, and Performance tively verify adherence to the exercise program; (c)

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Maximum Performance: A Practical Guide to Leading here are a few reasons why you may want to want to spend a few minutes with Maximum Performance Dr . Penny

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