

Strengthening The Eyes: A System Of Scientific Eye Training By Bernarr Macfadden

By **Bernarr Macfadden**

Eye Strengthening Exercises Dry Eyes; Eye Care; Eye Diseases; Eye Strengthening Exercises; Eye Wear; Lasik; Macular Degeneration; Natural Eye Care; Nearsighted

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Strengthening the Eyes; A System of Scientific Eye Training was first published in 1924. The book was printed on MacFadden's own publishing company: MacFadden

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