

Suzanne Somers' Eat Great, Lose Weight: Eat All The Foods You Love In "Somersize" Combinations To Reprogram Your Metabolism, Shed Pounds For Good, And Have More Energy Than Ever Before By Suzanne Somers

By Suzanne Somers

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After the phenomenal success of Eat Great, Lose Weight, Suzanne Somers Reprogram Your Metabolism, Shed Pounds for Good, and Have More Energy Than Ever Before

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Suzanne Somers has written books about staying sexy, fighting aging, losing weight, and dealing with perimenopause,

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(Soft Cover) "My first book in the Somersize series includes everything you need to know about the easiest and most effective weight loss program I have ever tried.

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Suzanne Somers' Eat Great, Lose Weight It teaches you how to eat foods in special combinations You'll have more energy than ever before, you'll say good

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