

# **Trim Kids(TM): The Proven 12-Week Plan That Has Helped Thousands Of Children Achieve A Healthier Weight By Melinda S., PhD Sothern;T. Kristian, PhD Von Almen;Heidi Schumacher**

**By Melinda S., PhD Sothern;T. Kristian, PhD von Almen;Heidi Schumacher**

The Working Mom's Guide to Keeping You and Your Kids Trim (Reprint) Pub. Date: Trim Kids: The Proven 12-Week 12: Energy Out: 219: Index: 241:

Trim Kids: The Proven 12-Week Plan That Has Helped This program lasts 12 weeks. A paperback copy of Trim Kids: The Proven 12-Week Plan That Has Helped

Trim Kids(TM) The Proven 12-Week Plan That Has Helped Thousands of Children Achieve a Healthier Weight. by Heidi Schumacher. On Sale: 12/24/2001

This book titled Trim Kids : The Proven 12-Week Plan That Has Helped Thousands of Children Achieve a Healthier Weight, by Melinda S. Sothern,

Trim Kids: The Proven 12 Week Plan That Has Helped Thousands of Children Achieve a with over fifteen years of experience helping overweight kids,

Trim Kids , a community- and family-based program, Trim Kids: The Proven 12-Week Plan That Has Helped Thousands of Children Achieve a Healthier Weight,

Trim Kids: The Proven 12-Week Plan That Has Helped Thousands of Children Achieve a Healthier Weight (First Harper Resource Edition) Pub. The Barnes & Noble Review

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Trim kids : the proven 12-week plan that has helped thousands of children achieve a healthier weight. [Melinda Sothern; T Kristian Von Almen;

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Melinda S. Sothorn is the author of Trim Kids(TM) (3.13 avg rating, 15 ratings, 2 reviews, published 2001), Trim Kids(TM) Melinda S. Sothorn s Followers.

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Books; Health & Fitness; Weight Loss; Trim Kids(tm): The Proven 12-Week Plan That Has Helped Thousands of Children Achieve a Healthier Weight

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I would like to express my gratitude to TRIM KIDS and the authors of this book. In April of 2001,my grandson Trey Olano began this program. He was 12 years old

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