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By Brad Gilbert;Steve Jamison

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Winning Ugly explains Brad's formula for a winning tennis game. He understands the mental part of tennis better than anyone I have ever met. Brad helped me improve my

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Winning Ugly. He s been called the best in the world at the mental game of tennis. Brad Gilbert s strokes may not be pretty, but looks aren t everything.

6 quotes from Winning Ugly: Mental Warfare in Tennis--Lessons from a Master: First up:

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Synopsis. The tennis classic from Olympic gold medalist and ESPN analyst Brad Gilbert, now featuring a new introduction with tips drawn from the strategies of Roger

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Winning Ugly explains Brad's formula for a winning tennis game. He understands the mental part of tennis better than anyone I have ever met. Brad helped me improve my

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